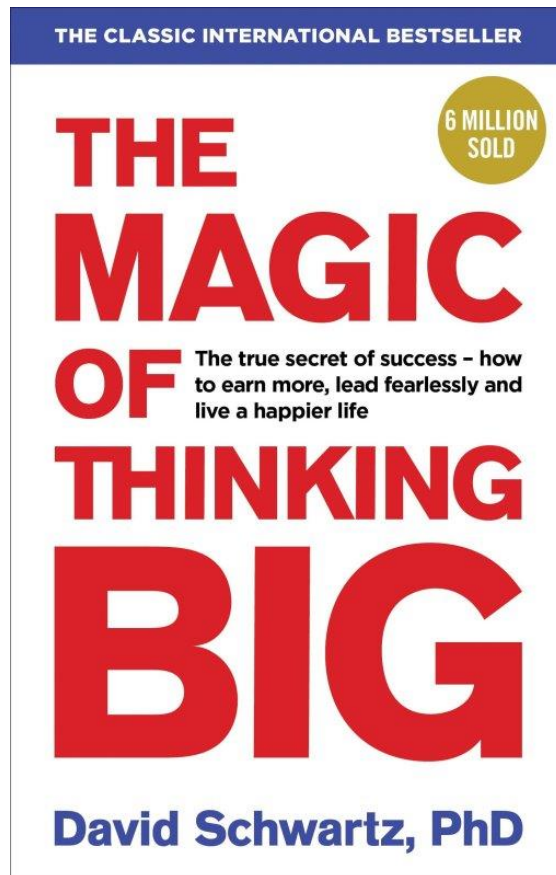


The Magic of Thinking Big



Summary:

1) Believe Big:

- First know our success potential and **make our Goals** according to that.
- Think big and **believe that we can do it** & we will do it believe - We can perform better, *Believing is Achieving*.
- Find our qualities and act smart, make our Goals according to that

2) Identify Mental Disease

- Excusitis

Excusitis: We start thinking to start our Business and suddenly in our mind we get excuses like:

- i. Too much Competition
- ii. My age is not appropriate – Mark Zuckerberg -12, KFC - 61
- iii. I don't have money
- iv. I don't have Experience
- v. I am not that intelligent –
- vi. Luck Excucitis – I am not that lucky enough

3) Value yourself / Believe yourself

- Do not consider yourself inferior
- Low price tag on yourself, “*We are what we think you are*”
- If we don't think we will be successful then how others will believe in us or value us.

4) Stick ability

- *Consistency* and *persistence* to our Goals

5) Build confidence and destroy fear / Action cures fear

- *Planned action* should be taken towards our Goal which reduces our fear.
- Face your fears. (Job interview, Exams – study, Don't think about failure before even trying)
- *Build action habit* and show results

6) Positivity / Autosuggestions

- *Positive thinking*, Control our thoughts, emotions etc,
- IQ of 120 person with negative thinking will be less successful than the IQ of 100 with Optimistic and positive thinking.

7) Experimental – Be Innovative

- Try to do something different which you never did before.
- *Adapt to changes*, Be creative

8) Follow Inspirational Leader

- Motivational leader

9) Find a Victory in Every Setback

- Highly successful people use *setbacks* as fuel and *motivation to move forward*. Successful people handle setbacks productively.
- Don't expect perfection from people, since this sets you up for disappointment.

10) Visualization

- Visualize our ideal future 10 years from now in three areas: work, personal/home and social.
- *Make progress one step at a time.*

11) Create a Magnetic Attitude

- Our facial expressions, tone of voice, and body language all convey our attitude. Other people pick up on your attitude; if it's negative; we drag our self down and look bad in the process.
- **Enthusiasm:** We have to be enthusiastic if you want anyone else to get excited. Approach little interactions like handshakes with energy. Spread good news with joy.

12) Think Creative

Here are five ways to develop creative thinking.

1. Believe it's possible. Never think something is "impossible."
2. Stop traditional thinking. Be experimental.
3. Ask yourself, what can I improve today? *Keep getting better.*
4. Ask yourself, how can I do more? *Increase your capacity.*
5. Ask and listen. Don't talk too much.

13) Believe it's possible

- Don't be negative.
- Always be *open to new ideas.*
- Learn something new whenever you can.

- Ask yourself “How can I do a better job today?”
- Believe it can be done. When you believe something can be done, your mind will find the ways to do it. Believing a solution pays the way to solution.”

14) Ignore the Haters:

- If someone is a downer, gossip, naysayer, or just plain mean, ignore them.

15) Add value to the people

- We’re always going to get back what we put out.

The Magic of Thinking Big Summary YouTube videos

1. <https://www.youtube.com/watch?v=2-8xFCmTfDk&t=333s>
2. <https://www.youtube.com/watch?v=y5uFQKEmeGc>
3. <https://www.youtube.com/watch?v=eSZFjtr4hdc>
4. <https://www.youtube.com/watch?v=HSqgFWKgmgs>