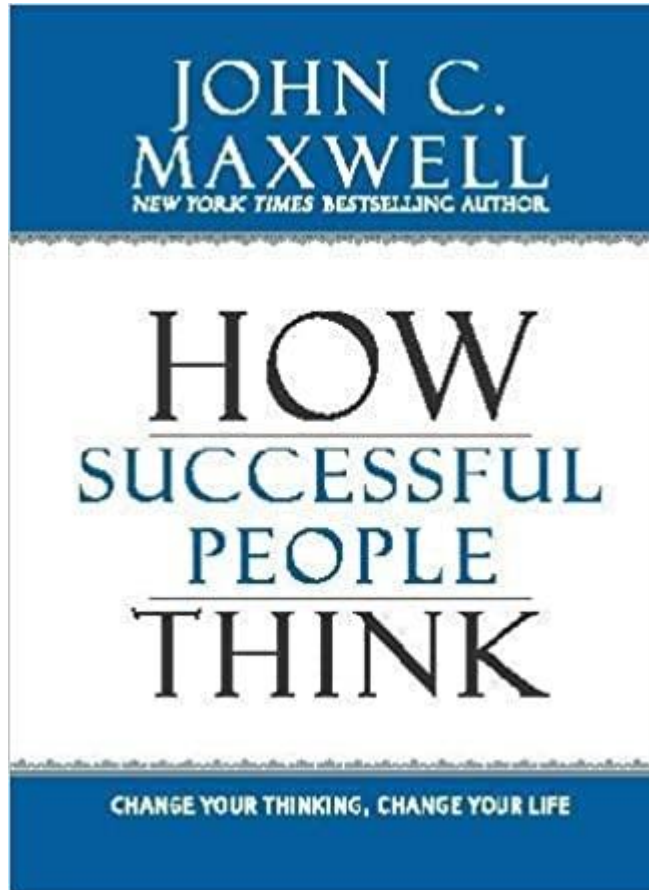


How Successful People Think



How to Chang your thinking:

1. Expose yourself to *good input*
2. Expose yourself to *good thinkers*
3. Choose to think good thoughts
4. Act on your good thoughts
5. Allow your emotions to create another good thought
6. Repeat the process

1. Big Picture Thinking

Most leaders are big picture thinkers

- They see the **vision** before others
- They size up situations and variables
- They sense where the team is going
- Connect the past and the future
- Seize the moment

- **Learn continually** by visiting new places, reading new books, meeting new people, learning new skills.
- **Become a listener.** Try to get “outside yourself.” Take in other people’s thinking. Look for opportunities to learn.

2. Focused Thinking

- Set aside time to focus. **Focused thinking removes distractions.**
- **It clarifies** the **target**. It gets you through this milestone and to the next step.
- Be selective and **choose** your **priorities** (Top Five, High Five).
- Do personality profile assessments and reflect on past successes. Focus on your strengths. 80/20...what brings the highest return?

3. Creative Thinking

- “Creativity is being able to see what everybody else is has seen and think what nobody else has thought in order to do what nobody else has done.”—John Maxwell.
- Creativity is the most valuable resource you bring to your organization. Few people figure out how to use this principle in abundance. Often, **creative thinking** is really **dot connecting** using a lot of previous learning. But you will not be able to create or connect those dots if you don’t understand the value of the thoughts.

4. Realistic Thinking

- Realistic thinking will *protect your game plan*. Staring at reality will be a healthy catalyst for change.

The value of a good idea is in using it.

5. Strategic Thinking

- Strategic thinking can positively impact your life.
- *Come up* with the *plan*

Strategic thinking helps in:

- Simplifies the difficult
- Prompts great questions
- What's next?
- Who's responsible?
- How much will it cost?
- How will we know we're on target?
- Did we get there?
- What's next?
- Helps fit the plan to the circumstances
- Prepares you for uncertainty
- Reduces Errors
- Increases your influence

6. Possibility Thinking

Here are some reasons to think positively:

- It *increases* your *possibilities*
- You will draw opportunities and people to yourself

- It is contagious...it increases the possibilities of others
- Allows your dreams to live
- Allows you to soar above the average
- It energizes you
- It keeps you from giving up\

7. Reflective Thinking

Benefits of reflective thinking:

- True perspectives
- Higher confidence in decision making
- Clarifies the big picture
- Gives you the full value of an experience

How to think reflectively:

- Intentionally set aside some time....BLOCK it out
- **Get away from distractions** (Phones, people, TV, etc.)
- Review your calendar and journal
- Ask yourself the right profound questions
 - **Personal growth** – What have I learned today?
 - Add Value – Did I help someone? Did I add value?
 - Leadership – Did I lead by example?

How Successful People Think summary YouTube videos

1. https://www.youtube.com/watch?v=Dk20-E0yx_s
2. <https://www.youtube.com/watch?v=tcdoc57Jke4>
3. <https://www.amtec.us.com/blog/book-review-how-successful-people-think-by-john-c-maxwell>